

**PROTECTION OF THE THEOTOKOS AND EVER VIRGIN MARY**  
(Pokrov)

May 8th

5 2nd Street  
Herminie, PA 15637  
<http://pokrov.iksnazul.com/>

Cantor  
Joseph Luzanski

Liturgical Schedule

Divine Liturgy

Sunday: 9 am  
Holyday: TBD

Confessions

One half hour before  
the divine liturgy or  
by appointment

Served By

Father Vasyl Yakubych  
Cell: 412-627-1678  
E-mail: Yakubichvasil2020@gmail.com

Propers for 5/8/2022

Troparion (Tone 3) - 181

Glory...

Kontakion (Paralytic) - 181

v. Now & Ever .....

Kontakion (Paschal) - 182

Prokeimenon & Alleluia - 182 & 369

Instead of 'It Is Truly Proper' - 167

Christ is Risen! Indeed, He is Risen!  
Христосъ воскресе! Воистину воскресе!  
Valoban Foltamadt!  
Χριστὸς ἀνέστη! Ἀληθῶς ἀνέστη!

Reminder:  
There is a list for Divine Liturgy and  
Sanctuary Lamp intentions in the  
vestibule of the church.

Healing of the Paralytic

Festal Tone

**Menologion**

The holy apostle and evangelist John the Theologian, son of Zebedee, who with his brother James and Peter was a witness of the transfiguration and also of the passion of the Lord.

Our venerable father Arsenius the Great, at Mt. Skete in Egypt. It is said that he had been a deacon of the Roman Church. At the time of Theodosius the emperor, he withdrew into solitude and there, having fulfilled all virtues, gave up his spirit to God. (448)

Fasts & Feasts

May

8 Fourth Sunday of Pascha (Healing of the Paralytic)

11 Mid-Pentecost, Feast of SS Cyril Methodius

15 Fifth Sunday of Pascha (Samaritan Women at the Well)

22 Sixth Sunday of Pascha (Man Born Blind)

26 Feast of the Ascension of Our Lord, God, and Savior, Jesus Christ

29 Seventh Sunday of Pascha (Holy Fathers of the First Ecumenical Council)

Our parish family welcomes Father Vasyl Yakubych and family to their new home here in the United States. They recently arrived from Mukachevo, Ukraine. Wife Victoria, son Mark and son Vasyl . We wish them many blessing and hope they will be very happy

**A**sk a priest anything question: Do women have to wear veils or scarves when going to Eastern churches? The custom of women being veiled in church was Jewish, which demanded in Numbers 5 that women cut their hair short, or cover their heads when at worship. Men were not to do so since they were seen as reflecting God's glory, but women reflecting Man's glory. This was reinforced by Saint Paul in 1 Corinthians 11 which ordered that women must do so when praying or prophesying.

**P**art of this came from the fact that wealthy Greco-Roman women were well-known for their elaborate hairstyles which were used to emphasize social status, elevating the rich. Some of those hairstyles were so contrived that there were singing birds in them!

**A** veiled woman also was seen as a woman who valued modesty, and married women generally wore scarves or hats in most of Europe until the 1960s. Combine the Jewish orders and the reinforcement by Paul, and you have a practice that became entrenched in Christianity.

**T**his practice was almost universal in Eastern churches, and widespread in the Latin Church also. It actually was part of canon law until 1983. Women wore hats in church throughout most of the world and it remains a practice especially in Orthodoxy and in African-American churches, Latin-Mass communities, and is common in most of Africa.

**S**ocial norms shifted dramatically in

western countries after 1968 when equality between men and women was emphasized. At that time men in the West had abandoned hats outdoors also, which further encouraged the abandonment of women's hats. With all that said, there is nothing forbidding women from wearing hats or scarves in church, and men's hats are making a return also, and it remains normative in Orthodox churches.

#### PROPER POSTURE FOR PRAYER DURING THE EASTER SEASON

**F**rom Resurrection Matins until the Kneeling Prayers of Pentecost the proper posture for all prayer is to stand rather than to kneel. Standing is a sign of joy. And what greater joy do we have other than the Resurrection of Christ? After the celebration of Pentecost the proper posture for prayer during the celebration of the Divine Liturgy is to stand during the times St. Mary's has been used to kneeling. This is because each Divine Liturgy is a celebration of the Resurrection. This year let's try to live this tradition. If it is not physically possible for you to stand, please feel free to kneel or sit.

A mother can take the place of others but no one can take her place.

A mother understands what a child does not say.

Make your mother proud, go to Church on Sunday, and the next Sunday, and the next ...

A man loves his sweetheart the most; his wife the best, but his mother the longest.